

PRIVATE EXTRA-MURALS (TUITION FEE)

GYMNASTICS – BY INVITATION (Natalie Hobbs – 083 655 5037)				
Squad Training	Monday 15:15 – 17:15 17:00 – 19:00		Mrs Hobbs Mr Fields	Hall
Squad Training	Thursday 16:30 – 18:30		Mrs Hobbs Mr Fields	Hall
Squad Training	Friday: 16:00 – 18:00		Mrs Hobbs	Hall
LIVING MATHS (Mr Steve Sherman – 083 308 3883)				
Grade 7	Monday 07:20 – 08:20		Mrs Hunt	Science Room
Grade 6	Monday 07:20 – 08:20		Mrs Hunt	Art Room
Grade 5	Wednesday 07:20 – 08:20		Mrs Hunt	Science Room
SPEECH AND DRAMA – BY ARRANGEMENT (Mrs Lilly – 761 5907/ 084 7615907)				
Grade 1 and 2	Tues, Wed, Thurs: 13:00 – 13:45		Mrs Lilly Gorgi Summers	Pre-Pri Covered Area
JUDO – (Frank Steyn – 082 768 3911)				
Junior Group	Friday 14:30 – 15:15	Senior Group: Friday 15:15 – 16:00	Frank Steyn	Hall
KARATE – (Mr J Dawes – 083 399 8171) (Michael Shuttleworth – 083 324 3320)				
Grade 1 – 7	Tuesday 16:00 – 17:00		Mr Shuttleworth	Hall
Grade 1 – 7	Friday 15:00 – 16:00		Mr Dawes	Pre-Pri Covered Area
MODERN DANCING – (Colleen Kitching – 715-3442)				
Grade 1 – 7	Wednesday 14:30 -		Colleen Kitching	Hall
POTTERY - CLAY PLAY – BY ARRANGEMENT (Mrs Jan Muller – 712-8200/ 082 4200064)				
Grade R – 2 Grade R: Grade1,2: Group 1 Group 2 Group 3	Friday 12:00 – 12:55 13:00 – 13:55 14:00 – 14:55 15:00 – 15:55		Jan Muller	Art Room
Grade 3 – 7 Group 1 Group 2	Thursday 14:30– 15:25 15:30 – 16:24		Jan Muller	Art Room
PRO TENNIS COACHING – BY ARRANGEMENT (Mr Tim Armstrong – 782-5872)				
Grade 1 and 2	Mon, Tues, Wed, Thurs		Tim Armstrong	S.V. Tennis Courts
Grade 3 – 7	Mon, Tues, Wed, Thurs, Fri		Elana Rood	Meadowridge Tennis Club
SQUASH – (Barbara Calothi – 082 417 2923)				
Boys and girls Gr 3 – 7	Days and Times to be confirmed		Barbara Calothi	Bergvliet Sports Association Courts



**EXTRA-MURAL TIMETABLE
1ST AND 4TH TERM - 2010**



ACTIVITY	PRACTICES AND TIMES	MATCHES	TEACHER / S COACH / ES	VENUE FOR PRACTICE
CRICKET				
Grade 1 (Mini)	Monday 13.20 – 14.00		Mrs Browne Mrs Baynham Miss Hazell	Small Field
Grade 2 (Mini)	Tuesday 13.20 – 14.00		Mrs Baynham Mrs Browne Miss Hazell	Small Field
Grade 3 (U9 Mini)	Monday 14.45 – 15.45	To be confirmed 14.30 – 16.00	Ms Muller Mrs Altern	Small Field
U9 (11-a-side) (By invitation only)	Thursday 14.45 – 16.00	Monday 14.30 -	Mr Miles	Nets
U10	Thursday 14.45 – 16.00	Monday 14.30 -	Mr Rushby, Mr Savage, Mr Theunissen	Nets
U11	Tuesday 14.45 – 16.00	Wednesday 14.30 -	Mr Batt, Mr Philips Mr Gray	Nets
U12	Monday 14:45 – 16:15	Tuesday 14.30 -	Mr Altern, Mr Best Mr O'Sullivan	Nets
1 st Team	Wednesday 14.45 – 16.15	Saturday	Mr Roy Clark	Nets
U13 B and C	Wednesday 14:45 – 16:15	Thursday 14.30 -	Mr Botha, Mr Dale-Lace	Nets
TENNIS				
Grade 1 (Mini)	Wednesday 13.20 – 13.50		Mrs v d Schyff Mrs Albrecht, Miss Hazell	Quad
Grade 2 (Mini)	Monday 13.20 – 13.50		Mrs v d Schyff Mrs Albrecht	Quad
Grade 3 (Mini)	Thursday 14.45 – 15.30		Mrs Albrecht	Quad
Tennis – Boys Team Tennis	Monday, Thursday 07:00 – 07:45		Mrs Plantema Mrs Constable	Meadowridge Club
Tennis – Girls Team Training	Tuesday 07.00 – 07.45		Mrs Constable Miss Kingwill	Tennis Courts
Tennis Matches Girls Team		Thurs 14.30 -	Mrs Constable Miss Kingwill	
Tennis Matches Boys Team		Friday 14.00 -	Mrs Plantema Miss Holdridge	
Tennis Coaching Grade 4 and 5	Tuesday 14.45 – 15.45		Mrs Murcott Mrs v d Schyff Miss J Dippenaar	S.V. Tennis Courts
Tennis Coaching Grade 6 and 7	Tuesday 15.45 – 16.45		Mrs Murcott Miss J Dippenaar	S.V. Tennis Courts
Intermediate Tennis Grd 5 - 7	Wednesday 14.45 – 15.30		Mrs Godfrey Miss Holdridge	S.V. Tennis Courts
Social Tennis Grd 5 – 7	Wednesday 15.30 – 16.15		Mrs Godfrey	S.V. Tennis courts

SWIMMING				
Team Training Grade 1 - 7	Tues and Thurs 07:00 – 07:45		Mr Godfrey Mr Ryan	School pool
Team Training Grade 1,2 & 3	Mon and Wed 14:30 – 15:30		Coach Mrs Anderson / Mrs Coetzee	School pool
Team Training Grade 4 - 7	Mon and Wed 15:30 – 16:30		Coach Mrs Anderson/ Mrs Coetzee	School pool
Intermediate Swimming Grade 1	Mon: 14:00 – 14:30 Fri: 13:00-13:30		Coach Mon: Mrs Browne Fri: TBD	School pool
Intermediate Swimming Grade 2	Tues and Thurs 14:30 – 15:00		Coach Mrs Vine-Soanes	School pool
Intermediate Swimming Grade 3	Tues and Thurs 15:00 – 15:30		Coach Mrs Vine-Soanes	School pool
Intermediate Swimming Grade 4-5	Tues and Thurs 15:30 – 16:00		Coach Mrs Hunt (Tue) Mrs Orchard (Thu)	School pool
Intermediate Swimming Grade 6-7	Tues and Thurs 16:00 – 16:30		Mrs Hunt (Tue) Mrs Orchard (Thu)	
ATHLETICS				
Boys and girls Grade 4 – 7 Team only (by invitation)	Tues and Wed 14.45 – 15.45		Miss Davis Mrs Charles Mrs Koopman Miss Koen (Wed)	Main field
Social athletics/ non team Grade 3 – 7	Tuesday 14.45 – 15.45		Mrs Orchard Miss Koen	Small field
GYMNASTICS				
Grade 1 (W.P. Group 1 Aff Fee)	Monday 12:50 – 13:30		Mrs Hobbs	Hall
Grade 1 (W.P. Group 2 Aff Fee)	Monday 13:30 – 14:10		Mrs Hobbs	Hall
Grade 2 (W.P. Aff Fee)	Monday 14:10 – 14:50		Mrs Hobbs	Hall
Grade 2 and 3 Girls (W.P. Aff Fee)	Monday 14:50 – 15:30		Mrs Hobbs	Hall
Grade 3 – 7 Boys and Grade 4 – 7 Girls (W.P. Aff Fee)	Thursday 15:30 – 16:30		Mrs Hobbs	Hall
LIBRARY				
Research and Book Exchange Grade 4 - 7	Mon, Tues, Thurs 14:30 – 15:30 / Wed 14:30 – 15:00		Mrs Senogles Mrs Gersie	Library
ART CLUB				
Grade 1	Thursday 13:20 – 14:20		Mrs Cawood Mrs Duncan	Art room/Grade R
Grade 2	Wednesday 13:20 – 14:20		Mrs Baynham Mrs Cawood	Art room/Grade R
Grade 3 and 4	Tuesday 14:30 – 15:30		Mrs Duncan	Art room/Grade R

COMPUTER RESEARCH				
Research	Tues and Wed 14:45 – 15:45		Mrs Pressinger	Computer Lab
DRAMA CLUB				
Grade 4 and 5	Thursday 14:45 – 15:30		Mrs Foster Miss Mockford	Hall
Grade 6 and 7	Tuesday 14:45 – 15:45		Mrs Foster Miss Mockford	Hall
Grade 3	Monday 14:30 – 15:30		Mrs Nakana Miss Reed	Grade 3.4
XHOSA CLUB				
Grade 2 - 4	Thursday 14:40 – 15:30		Mrs Nakana	Xhosa Room

BY ARRANGEMENT AND / OR BY INVITATION

ACTIVITY	EDUCATOR
General Knowledge	Mrs Vink
Scripture Union	Mr O'Sullivan
Literature Quiz Team	Mrs Senogles
TST (Academic Support Team)	Mrs Bosworth, Mrs McMinn, Mrs Hunt, Mrs Vink
Living Maths	Mrs Hunt
Detention (Science Room)	Mon: Mrs Pressinger Tue: Mrs Vink
	Wed: Mrs Sproat Thu: Mrs Sproat
Play Reading	Mrs Vink

Please Note :

- ***Extra-murals will begin on Monday 25 January 2010 for Grade 2 – 7s and 1 February for Grade 1s***
- ***Extra-murals taken by Sweet Valley staff and coaches employed by Sweet Valley will end the week ending Friday 12 March 2010. 'Private' extra-murals, which require a tuition fee, continue during Academic Planning Week.***
- ***Transport of children to and from practices at venues outside the school is the responsibility of the parent.***
- ***Once children commit themselves to a sport they must participate for the entire season (1st and 4th term).***
- ***The correct dress code must be adhered to for both practices and matches.***
- ***For obvious reasons the programme cannot be changed to suit each individual's own programme. Where clashes occur, the pupils must decide according to their preference.***
- ***If a sport cannot take place outside, due to rain, the pupils will be supervised indoors by the coach.***

Overleaf for Private Extra Murals →