

PRIVATE EXTRA-MURALS (TUITION FEE)

| GYMNASTICS – BY INVITATION (Natalie Hobbs – 083 655 5037) | | | | |
|--|--|--|------------------|--------------------------------|
| Squad Training | Monday 15:30 – 17:30 16:40 – 18:30 | | Mrs Hobbs | Hall |
| Squad Training | Thursday 16:30 – 18:30 | | Mrs Hobbs | Hall |
| Squad Training | Friday: 15:00 – 17:00 | | Mrs Hobbs | Hall |
| LIVING MATHS (Mr Steve Sherman – 083 308 3883) | | | | |
| Grade 7 | Monday 07:20 – 08:20 | | Mrs Hunt | Science Room |
| Grade 6 | Monday 07:20 – 08:20 | | Mrs Hunt | Art Room |
| Grade 5 | Wednesday 07:20 – 08:20 | | Mrs Hunt | Science Room |
| DOO-WOP DRAMA – BY ARRANGEMENT (Zita – 761 5907/ 084 7615907) | | | | |
| Grade 1 and 2 | Mon or Wed or Thurs: 13:00 – 14:00 | Mon/Thurs in Grade R Class Wed in Gr 1.2 | Zita | *Gr R - Classroom Gr 1.2 |
| JUDO – (Frank Steyn – 082 768 3911) | | | | |
| Junior Group | Friday - Beginners 13:15 – 14:00 | Friday - Intermediate 14:00 – 15:00 | Frank Steyn | Hall |
| KARATE – (Mr J Dawes – 083 399 8171) (Michael Shuttleworth – 083 324 3320) | | | | |
| Grade 1 – 7 | Tuesday 16:00 – 17:00 | | Mr Shuttleworth | Hall |
| Grade 1 – 7 | Friday 14:15 – 15:15 | | Mr Dawes | Pre-Pri Covered Area |
| MODERN DANCING – (Colleen Kitching – 715-3442) | | | | |
| Grade 1 Grade 2 - 7 | Thurs 14:15 Wed 14:30 - | | Colleen Kitching | Church Hall School Hall |
| POTTERY - CLAY PLAY – BY ARRANGEMENT (Mrs Jan Muller – 712-8200/ 082 4200064) | | | | |
| Grade R – 2 Grade R: Grade1,2: Group 1 Group 2 Group 3 | Friday 12:00 – 12:55 13:00 – 13:55 14:00 – 14:55 15:00 – 15:55 | | Jan Muller | Art Room |
| Grade 3 – 7 Group 1 14:30– 15:25 Group 2 15:30 – 16:24 | Thursday | | Jan Muller | Art Room |
| PRO TENNIS COACHING – BY ARRANGEMENT (Mr Tim Armstrong – 782-5872) | | | | |
| Grade 1 and 2 | Mon, Tues, Wed, Thurs | | Tim Armstrong | S.V. Tennis Courts |
| Grade 3 – 7 | Mon, Tues, Wed, Thurs, Fri | | Elana Rood | Meadowridge Tennis Club |
| EXPERI-BUDDIES – (Elana Basini – 076 1021 493) | | | | |
| Grade 2 | Tuesday 14:00 – 14:45 | | Elana Basini | Grade 2.3 |



**EXTRA-MURAL TIMETABLE
1ST AND 4TH TERM - 2012**



| ACTIVITY | PRACTICES AND TIMES | MATCHES | TEACHER / S COACH / ES | VENUE FOR PRACTICE |
|--------------------------------------|---|-------------------------------------|--|-----------------------|
| CRICKET | | | | |
| Grade 1 (Mini) | Tuesday 13.20 – 14.00 | | Mrs Blyth Mrs Albrecht Miss Dippenaar Miss Hazell | Small Field |
| Grade 2 (Mini) | Monday 13.20 – 14.00 | | Mrs Albrecht Miss Hazell Miss Fuller, Mrs Blyth | Small Field |
| Grade 3 (U9 Mini) | Monday 13:20 – 14:20 | To be confirmed 14.30 – 16.00 | Ms Muller Mrs Altern | Nets Small field |
| U10 | Thursday 14.45 – 16.00 | Monday 14.30 - | Mr Miles, Mr Theunissen & Coach | Nets |
| U11 | Tuesday 14.45 – 16.00 | Wednesday 14.30 - | Mr Gray, Mr Philips Mr Batt | Nets |
| U12 | Monday 14:45 – 16:15 | Tuesday 14.30 - | Mr Altern, Mr Best Mr O'Sullivan | Nets |
| 1 st Team | Wednesday 14.45 – 16.15 | Saturday | Mr Roy Clark | Nets |
| U13 B | Wednesday 14:45 – 16:15 | Thursday 14.30 - | Mr Botha | Nets |
| TENNIS | | | | |
| Grade 1 (Mini) | Wednesday 13.20 – 13.50 | | Mrs v d Schyff Mrs Burger, Miss Ernstzen | Quad |
| Grade 2 (Mini) | Monday 13.20 – 13.50 | | Mrs v d Schyff Mrs Cawood Mrs Burger | Quad |
| Grade 3 (Mini) | Tuesday 14.45 – 15.30 | | Mrs Albrecht Miss Markwell | S.V. Tennis Courts |
| Tennis – Boys Team Tennis | Monday, Thursday 07:00 – 07:45 | | Miss Harding Mr Rushby | Meadowridge Club |
| Tennis – Girls Team Training | Tuesday 07:00 – 07:45 | Thurs: 14:30- | Mrs Constable Miss Kingwill | Tennis Courts |
| Tennis Matches Boys Team | | Friday 14.00 - | Miss Harding Miss Atherstone | |
| Tennis Beginners Grade 4 and 5 | Monday 14:45 – 15:30 | | Mrs Murcott Mrs v d Schyff | S.V. Tennis Courts |
| Tennis Beginners Grade 6 and 7 | Monday 15:30 – 16:15 | | Mrs Murcott Miss Atherstone | S.V. Tennis Courts |
| Intermediate Group 2 Grd 5 - 7 | Wednesday 14:45 – 15:30 | | Mrs Henderson Mrs Godfrey | S.V. Tennis Courts |
| Intermediate Group 1 Grd 5 – 7 | Tue: 15:30 - 16:15 Wed: 15:30- 16:15 | | Miss Markwell (Tue) Mrs Henderson (Tue) Mrs Godfrey (Wed) Miss Ernstzen (Wed) | S.V. Tennis Courts |

| SWIMMING | | | | |
|--|---|--|---|--------------|
| Team Training Grade 1 - 7 | Tues and Thurs 07:00 – 07:45 | | Mr Godfrey Mr Ryan | School pool |
| Team Training Grade 1,2 & 3 | Mon: 15:15 -16:00 Wed: 15:15 – 16:00 | | Coach + Mrs Anderson / Mrs Coetzee | School pool |
| Team Training Grade 4 - 7 | Mon:16:00- 17:00 Wed:16:00 – 17:00 | | Coach + Mrs Anderson/ Mrs Coetzee | School pool |
| Intermediate Swimming Grade 1 | Mon: 14:00 – 14:30 Wed: 14:30 -15:00 | | Mrs Copeland Mon: Miss Fuller, Miss Hazell Wed: Miss Fuller, Mrs Blyth | School pool |
| Intermediate Swimming Grade 2 | Tues and Thurs 14:45 – 15:15 | | Mrs Copeland Mrs Vine-Soanes | School pool |
| Intermediate Swimming Grade 3 | Tues and Thurs 15:15 – 15:45 | | Mrs Copeland Mrs Vine-Soanes | School pool |
| Intermediate Swimming Grade 4-5 | Tues and Thurs 15:45 – 16:15 | | Mrs Copeland Mrs Hunt (Tue) Miss Dippenaar (Thu) | School pool |
| Intermediate Swimming Grade 6-7 | Tues and Thurs 16:15 – 16:45 | | Mrs Copeland Mrs Hunt (Tue) Miss Dippenaar (Thu) | School pool |
| ATHLETICS | | | | |
| Boys and girls Grade 4 – 7 Team only (by invitation) | Tues and Wed 14.45 – 15.45 | | Mrs Charles Mrs Koopman Mrs Nakana (Tue) Miss Vink (Wed) | Main field |
| Social athletics/ non team Grade 3 – 7 | Tuesday 14.45 – 15.45 | | Mrs Orchard Miss Vink | Small field |
| GYMNASTICS | | | | |
| <i>Group 1</i> Grade 1-3 | Monday 13:00 – 13:40 | | Mrs Hobbs | Hall |
| <i>Group 2</i> Grade 1-3 | Monday 13:40 – 14:20 | | Mrs Hobbs | Hall |
| <i>Group 3</i> Grade 1-3 | Monday 14:20 – 15:00 | | Mrs Hobbs | Hall |
| <i>Group 4</i> Grade 1-3 | Monday 15:00 – 15:40 | | Mrs Hobbs | Hall |
| Grade 4-7 Boys and Girls | Thursday 15:30 – 16:30 | | Mrs Hobbs | Hall |
| LIBRARY | | | | |
| Research and Book Exchange Grade 4 - 7 | Mon, Tues, Thurs 14:30 – 15:30 / Wed 14:30 – 15:00 | | Mrs Senogles Mrs Gersie | Library |
| COMPUTER RESEARCH | | | | |
| Research | Tues and Wed 14:45 – 15:45 | | Mrs Pressinger | Computer Lab |
| DRAMA CLUB | | | | |
| Grade 4 and 5 | Thursday 14:45 – 15:30 | | Mrs Foster Miss Mockford | Hall |
| Grade 6 and 7 | Tuesday 14:45 – 15:45 | | Mrs Foster Miss Mockford | Hall |
| Grade 3 | Monday 13:30 – 14:15 | | Miss Mockford Miss Atherstone | TBA |

| INDOOR HOCKEY – GIRLS | | | | |
|------------------------------|-------------------------|--|----------|--------------------------|
| U 12,13,14 | Friday 13:30 – 14:30 | | Mrs Hunt | Wynberg Military Base |

BY ARRANGEMENT AND / OR BY INVITATION

| ACTIVITY | EDUCATOR |
|-----------------------------|--|
| General Knowledge | Mrs Vink |
| Scripture Union | Mr O'Sullivan |
| Literature Quiz Team | Mrs Senogles |
| TST (Academic Support Team) | Mrs Bosworth, Mrs McMinn, Mrs Hunt, Mrs Vink |
| Living Maths | Mrs Hunt |
| Detention (Computer Room) | Mon: Mrs Pressinger Tue: Mrs Constable |
| | Wed: Mrs Orchard Thu: Mrs Cawood |

Please Note :

- ***Extra-murals will begin on Monday 23 January 2012 for Grade 2 – 7s and 30 January for Grade 1s***
- ***Extra-murals taken by Sweet Valley staff and coaches employed by Sweet Valley will end the week ending Friday 09 March 2012.***
'Private' extra-murals, which require a tuition fee, continue during Academic Planning Week.
- ***Transport of children to and from practices at venues outside the school is the responsibility of the parent.***
- ***Once children commit themselves to a sport they must participate for the entire season (1st and 4th term).***
- ***The correct dress code must be adhered to for both practices and matches.***
- ***For obvious reasons the programme cannot be changed to suit each individual's own programme. Where clashes occur, the pupils must decide according to their preference.***
- ***If a sport cannot take place outside, due to rain, the pupils will be supervised indoors by the coach. Parents who are at the school must fetch the children from the designated classroom.***

Overleaf for Private Extra Murals →